Gene-Specific Differential DNA Methylation and Chronic Arsenic Exposure in an Epigenome-Wide Association Study of Adults in Bangladesh

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BACKGROUND: Inorganic arsenic is one of the most common naturally occurring contaminants found in the environment. Arsenic is associated with a number of health outcomes, with epigenetic modification suggested as a potential mechanism of toxicity.

OBJECTIVE: Among a sample of 400 adult participants, we evaluated the association between arsenic exposure, as measured by blood and urinary total arsenic concentrations, and epigenome-wide white blood cell DNA methylation.

METHODS: We used linear regression models to examine the associations between arsenic exposure and methylation at each CpG site, adjusted for sex, age, and batch. Differentially methylated loci were subsequently examined in relation to corresponding gene expression for functional evidence of gene regulation.

RESULTS: In adjusted analyses, we observed four differentially methylated CpG sites with urinary total arsenic concentration and three differentially methylated CpG sites with blood arsenic concentration, based on the Bonferroni-corrected significance threshold of $p < 1 \times 10^{-7}$. Methylation of *PLA2G2C* (probe cg04605617) was the most significantly associated locus in relation to both urinary ($p = 3.40 \times 10^{-11}$) and blood arsenic concentrations ($p = 1.48 \times 10^{-11}$). Three additional novel methylation loci—*SQSTM1* (cg01225779), *SLC4A4* (cg06121226), and *IGH* (cg13651690)—were also significantly associated with arsenic exposure. Further, there was evidence of methylation-related gene regulation based on gene expression for a subset of differentially methylated loci.

CONCLUSIONS: We observed significant associations between arsenic exposure and gene-specific differential white blood cell DNA methylation, suggesting that epigenetic modifications may be an important pathway underlying arsenic toxicity. The specific differentially methylated loci identified may inform potential pathways for future interventions.

CITATION: Argos M, Chen L, Jasmine F, Tong L, Pierce BL, Roy S, Paul-Brutus R, Gamble MV, Harper KN, Parvez F, Rahman M, Rakibuz-Zaman M, Slavkovich V, Baron JA, Graziano JH, Kibriya MG, Ahsan H. 2015. Gene-specific differential DNA methylation and chronic arsenic exposure in an epigenome-wide association study of adults in Bangladesh. Environ Health Perspect 123:64–71; http://dx.doi.org/10.1289/ehp.1307884

Introduction

Millions of individuals worldwide are exposed to inorganic arsenic through drinking water as well as dietary sources (Smith et al. 2000). Arsenic is a well-established human carcinogen (International Agency for Research on Cancer 2012); however, the exact mechanism by which it causes cancer has not been established (Kitchin and Conolly 2010). There is *in vitro* and *in vivo* evidence to suggest that epigenetic alterations may mediate arsenic toxicity, as recently reviewed by Reichard and Puga (2010) and Ren et al. (2011).

Several human studies have examined global DNA methylation in blood in relation to arsenic exposure using surrogate markers of global DNA methylation, such as long interspersed nucleotide element-1 (LINE-1), Alu element methylation, methyl incorporation assays, or luminometric methylation assays. The findings from those studies have largely been inconsistent and included a number of differences in exposure measures and doses across studies (Hossain et al. 2012; Intarasunanont et al. 2012; Kile et al. 2012; Lambrou et al. 2012; Majumdar et al. 2010; Pilsner et al. 2007, 2009, 2012; Tajuddin et al. 2013; Wilhelm et al. 2010). Several other studies have evaluated arsenic in relation to gene-specific DNA methylation, most frequently assessing p16 and p53 promoter methylation (Chanda et al. 2006; Chen et al. 2007; Engström et al. 2013; Hossain et al. 2012; Intarasunanont et al. 2012; Marsit et al. 2006; Zhang et al. 2007). However, relatively few epigenome-wide DNA methylation studies have been conducted to investigate epigenetic alterations of arsenic toxicity in humans, evaluating associations with arsenical skin lesion status (Seow et al. 2014; Smeester et al. 2011), urinary arsenic species (Bailey et al. 2013), in utero arsenic exposure (Kile et al. 2014; Koestler et al. 2013a), toenail arsenic concentration (Liu et al. 2014), or arsenic-related urothelial carcinomas (Yang et al. 2014). Smeester et al. (2011) examined epigenome-wide promoter DNA methylation in peripheral blood leukocytes among 16 arsenic-exposed females from Mexico in relation to skin lesion status, and observed 183 differentially methylated genes, of which 182 were hypermethylated. Bailey et al. (2013) evaluated the data of Smeester et al. (2011) in relation to urinary arsenic species and observed nominally significant differential promoter DNA methylation in 812 unique genes, of which the majority were hypomethylated compared with relative urinary arsenic metabolite species. Koestler et al. (2013a) evaluated in utero arsenic exposure in relation to epigenome-wide cord blood methylation in 134 U.S.-based individuals and observed evidence of enrichment of hypermethylated loci in CpG islands, as well as a suggested indication of endocrine-disrupting effects of arsenic through hypomethylation of ESR1 (estrogen receptor 1) and PPARGC1A (peroxisome proliferator-activated receptor gamma, coactivator 1 alpha).

The evidence noted above warrants further investigation of arsenic exposure on genespecific DNA methylation in a comprehensive manner, and in a larger study population to identify potential mechanisms associated with arsenic-related toxicity. We conducted an epigenome-wide association study among 400 Bangladeshi individuals with manifest arsenical skin lesions to assess whether arsenic exposure level (as measured by blood arsenic

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We thank D. Koestler for assistance and helpful discussion regarding the cell type deconvolution analyses.

This work was supported by the National Institutes of Health, grant R01 CA107431.

The authors declare they have no actual or potential competing financial interests.

Received: 13 November 2013; Accepted: 15 October 2014; Advance Publication: 17 October 2014; Final Publication: 1 January 2015.

Supplemental Material is available online (http://dx.doi.org/10.1289/ehp.1307884).

and urinary total arsenic concentrations) is associated with differential white blood cell DNA methylation.

Methods

Study population. The Bangladesh Vitamin E and Selenium Trial is a 2 × 2 factorial randomized chemoprevention trial evaluating the long-term effects of vitamin E and selenium supplementation on nonmelanoma skin cancer risk (Argos et al. 2013). Participants were residents of rural communities in central Bangladesh. Eligibility criteria included age between 25 and 65 years, permanent residence in the study area, manifest arsenical skin lesions, and no prior cancer history. Between April 2006 and August 2009, a total of 7,000 individuals were enrolled into the study. Trained study physicians, blinded to participants' arsenic exposure, conducted in-person interviews and clinical evaluations, and collected urine and blood samples from participants in their homes using structured protocols. Of participants enrolled in the study, 413 were randomly sampled for epigenome-wide methylation analyses; baseline biological specimens collected before the start of the trial intervention were used in the analyses.

The study protocol was approved by the relevant institutional review boards in the United States (The University of Chicago and Columbia University) and Bangladesh (Bangladesh Medical Research Council). Informed consent was provided by participants prior to the baseline interview of the original study.

Exposure assessment. Urinary total arsenic concentration was measured in the baseline spot urine sample by graphite furnace atomic absorption spectrometry (AAnalyst 600 spectrometer; PerkinElmer, Norwalk, CT, USA) with a detection limit of 2 µg/L, in a single laboratory (Trace Metal Core Laboratory at Columbia University) (Nixon et al. 1991). Urinary creatinine was also measured for all participants in the same laboratory by a colorimetric method based on the Jaffe reaction (Heinegård and Tiderström 1973). Urinary total arsenic was divided by creatinine to obtain a creatinineadjusted urinary total arsenic concentration, expressed as micrograms per gram creatinine. Creatinine-adjusted urinary total arsenic, a good biomarker of aggregate ingested arsenic exposure, captures exposure from all sources including water, food, soil, and dust (Hughes 2006).

Venous whole blood samples collected at baseline were analyzed for blood arsenic concentration by inductively coupled plasma mass spectrometry (ICP-MS) using a PerkinElmer Elan DRC (dynamic reaction cell) II equipped with an AS 93+ autosampler (PerkinElmer). ICP-MS-DRC methods for metals in whole blood were developed according to published procedures (Pruszkowski et al. 1998; Stroh 1988), with modifications for blood sample preparation as suggested by the Laboratory for ICP-MS Comparison Program (Institut National de Sante Publique du Québec).

DNA methylation. DNA was extracted using DNeasy Blood kits (Qiagen, Valencia, CA, USA), and bisulfite conversion was performed using the EZ DNA Methylation Kit (Zymo Research, Irvine, CA, USA). DNA methylation was measured in 500 ng of bisulfite-converted DNA per sample using the Illumina HumanMethylation 450K BeadChip kit (Illumina, San Diego, CA, USA) according to the manufacturer's protocol; this beadchip allows interrogation of 485,577 CpG sites per sample. The methylation score for each CpG site, represented as the β value, on a continuous scale between 0 (unmethylated) and 1 (completely methylated) was quantile normalized. Among the 413 participants for whom DNA methylation data were generated, we excluded 6 samples for which the reported sex of the participant did not correspond with predicted sex based on methylation patterns of the X and Y chromosomes, and 7 samples with > 5% of CpGs either containing missing values or having p for detection > 0.05. This resulted in 400 samples retained for analyses. We omitted individual β values that were associated with a p for detection > 0.05. We also excluded probes on the X (n = 11,232) and Y (n = 416) chromosomes, probes with missing chromosome data (mostly control probes; n = 65), and probes with > 10% missing data across samples (n = 1,932); this resulted in a total of 471,932 probes included in the statistical analyses. Quantile-normalized β values were logit transformed and adjusted for batch variability using ComBat software (Johnson et al. 2007). Based on 11 samples run in duplicate across two different plates in these experiments, the average interassay Spearman correlation coefficient (r_s) was 0.987 (range, 0.974-0.993).

Gene expression. Mononuclear cells were preserved in Buffer RLT and stored at -80°C; RNA was then extracted using the RNeasy Micro Kit from QIAGEN (Valencia, CA, USA). The concentration and quality of RNA was checked on a Nanodrop 1000 spectrophotometer (Thermo Scientific, Wilmington, DE, USA). cRNA synthesis was performed using 250 ng of RNA using the Illumina TotalPrep 96 RNA Amplification kit. Gene expression was measured using the Illumina HumanHT-12-v4 BeadChip utilizing 750 ng of cRNA according to the manufacturer's protocol. The chip contains a total of 47,231 probes covering 31,335 genes. Quantilenormalized expression values were log₂ transformed and adjusted for batch variability using ComBat software (Johnson et al. 2007). Gene expression data were available for the 400 individuals included in these analyses.

Genotyping. Genotyping procedures have been described in detail previously (Pierce et al. 2012). Briefly, DNA extraction was carried out from whole blood using the QIAamp 96 DNA Blood Kit (QIAGEN, Valencia, CA, USA). Any DNA sample with a concentration < 40 ng/µL, a 260 nm/280 nm ratio outside the range of < 1.6 to ≥ 2.1 (measured by Nanodrop 1000), or fragmented DNA < 2 kb (assessed by smearing in Agilent BioAnalyzer) was excluded. Genotyping was performed using the Illumina HumanCytoSNP-12 BeadChip utilizing 250 ng DNA according to the manufacturer's protocol. Using 257,768 genotyped single nucleotide polymorphisms (SNPs) after quality control procedures, we performed imputation using MaCH on the basis of the HapMap 3 Gujarati Indians in Houston (GIH) population (Build 36; http://hapmap.ncbi.nlm.nih.gov/downloads/ phasing/2009-02_phaseIII/HapMap3_r2/), yielding 1,211,988 SNPs after quality control procedures. Genotype data were available for 393 individuals included in these analyses.

Replication study. For replication of our top differentially methylated loci, we examined associations in an independent sample of 48 Bangladeshi adult males from the ongoing Folate and Creatinine Trial (FACT), prior to intervention. No participants in this sample had manifest arsenical skin lesions. The methods used to measure and analyze DNA methylation have been described in detail by Harper et al. (2013). Briefly, the water arsenic concentration was measured for all study participants at Columbia University, as previously described (Van Geen et al. 2002), and individuals were

 Table 1. Selected characteristics of the study sample.

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Characteristic	n (%)
Sex	
Male	212 (53.0)
Female	188 (47.0)
Age (years)	43.3 ± 10.2 ^a
25–35	104 (26.0)
36–45	130 (32.5)
46–55	122 (30.5)
56–65	44 (11.0)
Blood arsenic concentration (µg/L)	9.3 ± 11.3 ^a
0.80–2.50	110 (27.7)
2.51–4.79	88 (22.2)
4.80–11.20	100 (25.2)
11.21-81.60	99 (24.9)
Urinary total arsenic concentration (µg/g)	302 ± 364.5^a
12.0–75.0	97 (24.2)
75.1–139.9	105 (26.3)
140.0–394.9	98 (24.5)
395.0–2250.0	100 (25.0)
Values are n (0/) unless athematics nated	

Values are *n* (%) unless otherwise noted. ^aMean ± SD. categorized as having low (50-100 µg/L, n = 25) or high (> 100 µg/L, n = 23) exposure for statistical analyses. After Ficoll separation, DNA from peripheral blood mononuclear cells (PBMCs) was extracted using the 5 PRIME ArchivePure DNA Blood Kit (Fisher Scientific, Pittsburgh, PA, USA). Epigenome-wide methylation of PBMC DNA was measured at the Roswell Park Cancer Institute (Buffalo, NY, USA) using the Illumina HumanMethylation 450K BeadChip kit. Data were processed using a standard quality control protocol and adjusted for batch effects prior to analyses using ComBat (Johnson et al. 2007). Here, we report associations from linear regression models.

Statistical analyses. For each CpG site, a separate linear regression model was run regressing the logit-transformed β value on continuous arsenic exposure (i.e., blood arsenic or urinary total arsenic concentration), sex, and age. Here, we present model coefficients and SEs from the linear regression models comparing the 75th versus the 25th percentile of each arsenic distribution. To correct for multiple comparisons, we considered a Bonferroni-corrected ($p < 1 \times 10^{-7}$) significance threshold; however, we present results for all loci with $p < 1 \times 10^{-5}$. For differentially methylated probes with $p < 1 \times 10^{-5}$, we used linear regression to examine the association of methylation with corresponding RNA transcript levels of the gene containing the methylation locus, adjusted for sex, age, and urinary total arsenic concentration. Methylation and expression data were adjusted for batch effects prior to analyses using ComBat (Johnson et al. 2007).

ComBat batch-adjusted methylation data were used to infer white blood cell type fractions using the statistical method of Houseman et al. (2012). Briefly, we used 466 methylation probes previously identified to be associated with leukocyte distributions (Houseman et al. 2012) to infer the distribution of white blood cell types in our study samples. Linear regression was used to evaluate the association between quartiles of arsenic exposure, based on the distribution in our study sample, in relation to the estimated cell type fractions adjusted for sex and age.

To evaluate previously reported associations from other studies, we conducted a lookup of individual CpG loci of interest within our data set. For these analyses a CpG locus associated with p < 0.05 was considered to be statistically significant. We used the R program MethLAB v1.5 (Kilaru et al. 2012) and SAS software (SAS Institute Inc., Cary, NC, USA) to run all analyses.

Results

Characteristics of the study sample are summarized in Table 1. We ran models separately for blood and urinary total arsenic concentrations ($r_s = 0.91$). We identified three loci that were significantly differentially methylated in relation to blood arsenic concentration based on the Bonferroni threshold $p < 1 \times 10^{-7}$, as shown in Figure 1. We identified four loci that were significantly differentially methylated in relation to urinary total arsenic concentration based on the Bonferroni threshold $p < 1 \times 10^{-7}$, as shown in Figure 2. The loci based on the Bonferroni threshold were common between the two analyses, and several overlapping associations that did not meet the strict Bonferroni threshold but that had $p < 1 \times 10^{-5}$ were also observed between the exposure analyses, as summarized in Table 2. Furthermore, there appeared to be enrichment for differentially methylated loci in relation to urinary and blood arsenic concentrations in ocean (isolated CpG loci in the genome) and CpG island shore regions (within 2 kb from a CpG island; see Supplemental Material, Figure S1). Only a single gene contained more than one differentially methylated locus with $p < 1 \times 10^{-5}$; hypermethylation of cg04605617 (chr1: 20,501,558) and cg08042135 (chr1: 20,501,758) in PLA2G2C was observed ($r_s = 0.53$). However, after adjustment of cg08042135 by cg04605617, the associations with blood (p = 0.14) and urinary total arsenic (p = 0.24) no longer persisted. Sensitivity analyses conducted with arsenic exposure as a natural logtransformed variable did not appreciably alter the association p-values (data not shown), suggesting robust linear associations for reported loci. In addition, the methylation $\hat{\beta}$ values are presented by urinary total arsenic exposure quartiles in Supplemental Material, Figure S2. In general, we observed dose-dependent trends between urinary total arsenic quartiles and DNA methylation levels. Box plots looked similar for blood arsenic quartiles (data not shown).

Among all 471,932 CpG loci evaluated, 56.6% of the methylation probes were hypermethylated (*t*-statistic > 0) and 43.4% were hypomethylated (*t*-statistic < 0) in relation to urinary total arsenic concentration. Results

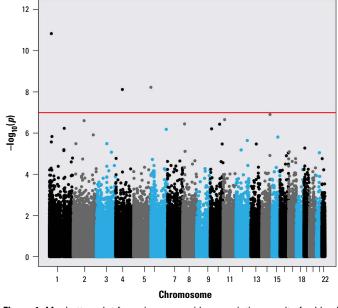


Figure 1. Manhattan plot for epigenome-wide association results for blood arsenic concentration. The horizontal red line corresponds to the significance threshold $p = 1 \times 10^{-7}$. Colors are used only to differentiate chromosomes.

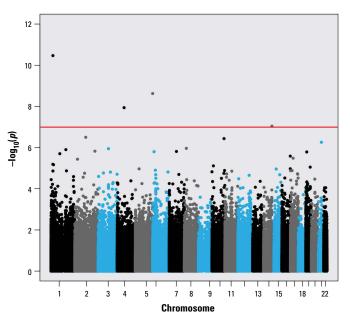


Figure 2. Manhattan plot for epigenome-wide association results for urinary total arsenic concentration. The horizontal red line corresponds to the significance threshold $p = 1 \times 10^{-7}$. Colors are used only to differentiate chromosomes.

were similar in relation to blood arsenic concentration (data not shown). Among the top 35 differentially methylated loci, blood and urinary total arsenic levels were associated with both gene-specific DNA hypermethylation (n = 19; 54.3%) and genespecific DNA hypomethylation (n = 16; 45.7%), as shown in Table 2 (p = 0.78 for enrichment). Furthermore, no statistically significant association of arsenic exposure was observed in relation to global methylation levels across autosomes on a genomic scale. In a global analysis evaluating the association between arsenic exposure and average β values across all available CpG sites, we observed no significant global methylation patterns for blood (p = 0.124) or urinary total arsenic (p = 0.241) concentrations.

Among the 35 differentially methylated loci with $p < 1 \times 10^{-5}$, 29 loci could be evaluated in the replication sample. Of these, 8 methylation loci were associated with p < 0.05, with 5 loci observed to have the same direction of effect as the discovery association (see Supplemental Material, Table S1). The

strongest replication signal was observed for *IGH* (cg13651690; $p = 5.40 \times 10^{-3}$). The Kolmogorov test indicated that the replication *p*-values were significantly different from a uniform *p*-value distribution (p = 0.0011).

Methylation probes containing known SNPs were not removed from analyses a priori because genome-wide SNP data were available for the study sample (Pierce et al. 2012) and could be examined in stratified analyses. As shown in Table 2, among the significantly differentially methylated loci based on Bonferroni criteria, one probe contained a SNP with minor allele frequency \geq 0.01. Methylation probe cg04605617 contained SNP rs12139100 for which genotype data were available on 363 of the 400 study participants. The A allele frequency in the study sample was 0.38. In stratified analyses, the association between blood and urinary total arsenic concentrations in relation to DNA methylation at cg04605617 was observed to be independent of the rs12139100 genotype. Among individuals with the GG genotype (n = 136), associations

persisted in relation to DNA methylation for blood arsenic concentration ($p = 3.08 \times 10^{-4}$) and urinary total arsenic concentration $(p = 6.20 \times 10^{-5})$, as well as among individuals with the GA+AA genotype (n = 227) for blood arsenic concentration ($p = 1.61 \times 10^{-7}$) and urinary total arsenic concentration $(p = 2.43 \times 10^{-7}).$

We examined the correlation between white blood cell DNA methylation with corresponding PBMC gene expression for the top 35 differentially methylated probes among the 400 study participants. Gene expression signals based on RNA transcripts for the corresponding genes containing the differentially methylated loci are summarized in Table 3. Among the 35 differentially methylated loci with $p < 1 \times 10^{-5}$, we could evaluate corresponding RNA transcript levels from the same gene for 28 methylation loci. Of these, 15 methylation loci were significantly associated with gene expression based on p < 0.1.

To evaluate the potential effect of arsenic exposure on white blood cell type

Table 2. Top 35 differential	y methylated loci based on	$p < 1 \times 10^{-5}$ in relation to blood or urinary	total arsenic concentrations, sort	ted by chromosome (Chr).
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					Median	Blood arsenic concentration		Urinary total arsenic concentration			
CpG	Chr	Position	Gene	Feature category ^a	β value	Coefficient	SE	<i>p</i> -Value	Coefficient	SE	<i>p</i> -Value
cg02856716	1	18,993,307	PAX7	Body	0.102	-0.014	0.004	2.28 × 10 ⁻⁴	-0.019	0.004	6.46 × 10 ⁻⁶
cg04605617 ^b	1	20,501,558	PLA2G2C	1st exon	0.724	0.049	0.007	1.48 × 10 ^{-11*}	0.054	0.008	3.40 × 10 ^{-11*}
cg08042135	1	20,501,758	PLA2G2C	TSS200	0.774	0.019	0.004	2.71 × 10 ^{−6}	0.020	0.004	1.37 × 10 ⁻⁵
cg13223043	1	26,492,308	FAM110D ZNF593	Intergenic	0.448	-0.021	0.004	1.48 × 10 ⁻⁶	-0.022	0.005	6.78 × 10 ⁻⁶
cg00857921	1	92,257,380	TGFBR3	Body	0.393	0.016	0.004	4.12 × 10 ⁻⁵	0.021	0.004	1.98 × 10 ^{−6}
cg19750321	1	150,808,974	ARNT	Body	0.853	0.017	0.004	7.06 × 10 ⁻⁶	0.016	0.004	2.20 × 10 ⁻⁴
cg03984502	1	151,805,662	RORC	TSS1500	0.816	0.020	0.004	6.44 × 10 ⁻⁶	0.015	0.005	2.34 × 10 ⁻³
cg07207669	1	155,102,389	EFNA1	Body	0.560	-0.023	0.005	5.90 × 10 ⁻⁷	-0.025	0.005	1.27 × 10 ^{−6}
cg08438392	2	27,708,645	IFT172	Body	0.782	0.020	0.004	3.27 × 10 ^{−6}	0.022	0.005	3.66 × 10 ^{−6}
cg00522451	2	113,464,049	SLC20A1 NT5DC4	Intergenic	0.216	-0.025	0.005	2.49 × 10 ⁻⁷	-0.028	0.005	3.16 × 10 ^{−7}
cg00281776 ^c	2	209,224,226	PIKFYVE PTH2R	Intergenic	0.817	-0.038	0.008	1.22 × 10 ^{−6}	-0.042	0.009	1.50 × 10 ^{−6}
cg25881170	3	107,810,508	CD47	TSS1500	0.473	0.019	0.004	3.28 × 10 ⁻⁶	0.022	0.005	1.14 × 10 ^{−6}
cg24262469	3	156,391,694	TIPARP-AS1	Body	0.371	0.022	0.005	8.48 × 10 ⁻⁶	0.022	0.005	4.98 × 10 ^{−5}
cg06121226	4	72,134,061	SLC4A4	Body	0.463	-0.054	0.009	7.63 × 10 ^{-9*}	-0.059	0.010	1.16 × 10 ^{-8*}
cg01225779	5	179,238,473	SQSTM1	5' UTR	0.562	-0.042	0.007	6.00 × 10 ^{-9*}	-0.048	0.008	2.37 × 10 ^{-9*}
cg19937878	6	13,296,150	TBC1D7	Body	0.820	0.028	0.007	1.91 × 10 ⁻⁵	0.035	0.007	1.59 × 10 ^{−6}
cg11230112 ^d	6	158,460,980	SYNJ2	Body	0.872	-0.029	0.006	6.60 × 10 ⁻⁷	-0.029	0.007	1.54 × 10 ⁻⁵
cg22813794	7	75,677,469	MDH2	TSS200; 5' UTR	0.039	-0.059	0.014	5.49 × 10 ⁻⁵	-0.077	0.016	1.54 × 10 ⁻⁶
cg15310871	8	20,077,937	ATP6V1B2	3' UTR	0.825	-0.039	0.008	3.61 × 10 ⁻⁷	-0.042	0.008	1.09 × 10 ^{−6}
cg22977892	8	25,907,769	PPP2R2A	Body	0.254	0.021	0.005	7.70 × 10 ⁻⁶	0.020	0.005	1.20 × 10 ⁻⁴
cg02268561	10	15,212,066	NMT2	TSS1500	0.118	-0.026	0.005	6.23 × 10 ⁻⁷	-0.026	0.006	7.74 × 10 ⁻⁶
cg15108641	10	99,263,321	UBTD1	Body	0.365	0.033	0.006	3.70 × 10 ^{−7}	0.030	0.007	3.11 × 10 ^{−5}
cg07545081	10	126,308,381	FAM53B	3' UTR	0.685	0.021	0.005	3.42 × 10 ⁻⁶	0.026	0.005	3.68 × 10 ^{−7}
cg02742555	11	15,200,693	INSC	Body	0.163	-0.028	0.005	2.22 × 10 ⁻⁷	-0.026	0.006	2.74 × 10 ^{−5}
cg03348792	12	53,075,482	KRT1	TSS1500	0.309	0.019	0.004	6.62 × 10 ⁻⁶	0.019	0.005	8.91 × 10 ^{−5}
cg06383241	12	116,997,023	MAP1LC3B2	TSS200	0.083	-0.022	0.005	2.29 × 10 ⁻⁶	-0.022	0.005	2.23 × 10 ⁻⁵
cg11582226	13	77,587,297	FBXL3	Body	0.756	0.021	0.004	3.40 × 10 ⁻⁶	0.019	0.005	1.98 × 10 ⁻⁴
cg13651690	14	106,320,748	IGH	Body	0.950	0.035	0.006	1.24 × 10 ⁻⁷	0.039	0.007	9.16 × 10 ^{-8*}
cg05018460	15	80,688,079	AB240015 ARNT2	Intergenic	0.557	0.047	0.010	1.56 × 10 ⁻⁶	0.046	0.011	2.09 × 10 ⁻⁵
cg04352288 ^e	16	87,958,408	CA5A	Body	0.872	0.047	0.011	9.20 × 10 ⁻⁶	0.056	0.012	2.60 × 10 ^{−6}
cg17892169	17	7,452,644	TNFSF12-TNFSF13	Body	0.341	0.024	0.005	8.06 × 10 ⁻⁶	0.023	0.006	2.01 × 10 ⁻⁴
cg08285388	17	27,230,177	DHRS13	TSS200	0.090	-0.014	0.004	1.37 × 10 ^{−3}	-0.022	0.005	3.29 × 10 ^{−6}
cg13480898	19	10,195,915	C19orf66	TSS1500	0.680	-0.023	0.005	5.35 × 10 ⁻⁶	-0.026	0.005	1.63 × 10 ^{−6}
cg06381803	19	46,119,476	EML2	Body	0.400	-0.042	0.010	5.72 × 10 ⁻⁵	-0.051	0.011	8.95 × 10 ^{−6}
cg26390598	21	41,032,397	B3GALT5	5' UTR	0.340	0.050	0.011	9.03×10^{-6}	0.063	0.012	5.49×10^{-7}

Abbreviations: TSS, transcription start site; TSS200, 200 bases from TSS; TSS1500, 1,500 bases from TSS; UTR, untranslated region. "||" indicates an intergenic region. Four probes contain SNPs with a minor allele frequency \geq 0.01. All SNPs > 10 bases from query site. ^aGene feature category of the methylation locus. ^brs12139100. ^crs139141387. ^drs73795212. ^ers113904153. * $p < 1 \times 10^{-7}$.

proportions, we utilized estimated cell type fractions based on a validated subset of the methylation data, presented by quartiles of arsenic exposure in Table 4. We observed no notable effect of arsenic on cell type proportions, except for moderate estimated percent decreases in CD4⁺ T cells and natural killer (NK) cells in relation to the highest quartile of urinary total arsenic concentration as well as borderline associations (p = 0.13-0.14) in relation to the highest quartile of blood arsenic concentration.

Discussion

The findings of this study suggest associations of blood and urinary total arsenic concentrations with gene-specific DNA methylation changes. We identified four novel methylation loci in *PLA2G2C*, *SQSTM1*, *SLC4A4*, and *IGH* that were strongly associated with arsenic exposure ($p < 1 \times 10^{-7}$), as well as several suggestive associations in other gene regions. In addition, we observed that several of the differentially methylated loci were associated with corresponding gene expression levels in PBMCs.

Higher arsenic exposure was associated with increased methylation levels at cg04605617 (chr1: 20,501,558), located in the first exon of *PLA2G2C*. This locus was

Table 3. Top 35 differentially methylated loci based on $p < 1 \times 10^{-5}$ in relation to peripheral blood mononuclear cell (PMBC) gene expression, sorted by chromosome (Chr).

CpG	Chr	Position	Gene	Feature category ^a	Expression probe	Probe coordinates	<i>p</i> -Value	Direction
cg02856716	1	18,993,307	PAX7	Body	ILMN_1835658 ILMN_1761061	19,074,941–19,074,990 19,062,405–19,062,454	0.574 0.818	+ +
cg04605617	1	20,501,558	PLA2G2C	1st Exon	ILMN_3237030	20,501,573-20,501,622	0.073	+
0					ILMN_1656867	20,490,548-20,490,597	0.324	-
cg08042135	1	20,501,758	PLA2G2C	TSS200	ILMN_1656867	20,490,548-20,490,597	0.742	-
-					ILMN_3237030	20,501,573-20,501,622	0.758	+
cg13223043	1	26,492,308	FAM110D ZNF593	Intergenic	NA			
cg00857921	1	92,257,380	TGFBR3	Body	ILMN_1784287	92,148,163–92,148,212	1.620 × 10 ⁻⁸	-
cg19750321	1	150,808,974	ARNT	Body	ILMN_1762582	150,782,288–150,782,337	0.351	+
					ILMN_2347314	150,782,989–150,783,038	0.552	-
cg03984502	1	151,805,662	RORC	TSS1500	ILMN_1771126	151,778,991–151,779,040	3.001 × 10 ^{−6}	-
					ILMN_1734366	151,778,901–151,778,950	4.770 × 10 ^{−6}	-
					ILMN_1651792	151,804,215–151,804,264	0.247	+
					ILMN_2275399	151,798,406–151,798,455	0.992	-
cg07207669	1	155,102,389	EFNA1	Body	ILMN_2371055	155,107,215–155,107,264	0.140	+
					ILMN_2371053	155,106,804–155,106,853	0.272	-
cg08438392	2	27,708,645	IFT172	Body	ILMN_1784178	27,668,277–27,668,621	0.428	-
cg00522451	2	113,464,049	SLC20A1 NT5DC4	Intergenic	NA			
cg00281776	2	209,224,226	PIKFYVE PTH2R	Intergenic	NA			
cg25881170	3	107,810,508	CD47	TSS1500	ILMN_2356991	107,762,694–107,762,743	0.044	+
					ILMN_1771333	107,762,387–107,762,436	0.060	+
cg24262469	3	156,391,694	TIPARP-AS1	Body	ILMN_3239662	157,875,849–157,875,878	0.223	+
cg06121226	4	72,134,061	SLC4A4	Body	ILMN_1734897	72,437,058–72,437,107	2.173 × 10 ⁻⁴	+
					ILMN_2184556	72,437,334–72,437,383	0.029	+
cg01225779	5	179,238,473	SQSTM1	5' UTR	NA			
cg19937878	6	13,296,150	TBC1D7	Body	ILMN_1661622	13,305,354–13,305,403	0.567	-
cg11230112	6	158,460,980	SYNJ2	Body	ILMN_2215119	158,438,833–158,438,882	0.752	+
cg22813794	7	75,677,469	MDH2	TSS200; 5' UTR	ILMN_2079004	75,695,852–75,695,901	0.867	+
cg15310871	8	20,077,937	ATP6V1B2	3' UTR	ILMN_1787705	20,078,945–20,078,994	0.004	-
cg22977892	8	25,907,769	PPP2R2A	Body	NA			
cg02268561	10	15,212,066	NMT2	TSS1500	ILMN_2062620	15,147,945–15,147,994	0.030	+
cg15108641	10	99,263,321	UBTD1	Body	ILMN_1794914	99,330,592–99,330,641	2.416 × 10 ^{−6}	-
cg07545081	10	126,308,381	FAM53B	3' UTR	ILMN_2053490	126,308,101–126,308,150	0.280	-
					ILMN_1704571	126,308,260–126,308,309	0.834	-
cg02742555	11	15,200,693	INSC	Body	ILMN_1756070	15,262,019–15,262,068	0.343	+
					ILMN_2340643	15,267,549–15,267,598	0.983	+
cg03348792	12	53,075,482	KRT1	TSS1500	ILMN_1735712	53,068,865–53,068,914	0.298	+
cg06383241	12	116,997,023	MAP1LC3B2	TSS200	ILMN_3247613	115,481,580–115,481,621	0.005	-
cg11582226	13	77,587,297	FBXL3	Body	ILMN_2071405	77,579,718–77,579,767	0.299	+
cg13651690	14	106,320,748	IGH	Body	NA			
cg05018460	15	80,688,079	AB240015 ARNT2	Intergenic	NA			
cg04352288	16	87,958,408	CA5A	Body	ILMN_1731292	87,921,734–87,921,783	0.004	+
cg17892169	17	7,452,644	TNFSF12-TNFSF13	Body	ILMN_1683700	7,460,967-7,461,016	0.022	-
					ILMN_2399190	7,462,480-7,462,529	0.031	+
					ILMN_1784264	7,464,109–7,464,339	0.150	+
					ILMN_1670188	7,452,806-7,453,453	0.335	-
		07.055.155	DUDGIG	700000	ILMN_1680003	7,457,089–7,457,138	0.819	+
cg08285388	17	27,230,177	DHRS13	TSS200	ILMN_1790781	27,224,816-27,224,865	0.366	-
cg13480898	19	10,195,915	C19orf66	TSS1500	ILMN_1750400	10,203,832-10,203,881	0.004	+
cg06381803	19	46,119,476	EML2	Body	ILMN_3240541	50,804,842-50,804,886	0.028	-
cg26390598	21	41,032,397	B3GALT5	5' UTR	ILMN_1698756	39,954,012-39,954,061	0.059	-
					ILMN_2378654	39,956,034-39,956,083	0.206	-
					ILMN_1800713	39,956,436–39,956,485	0.376	-

Abbreviations: --, inverse association between methylation and gene expression levels; +, positive association between methylation and gene expression levels; NA, not available; TSS, transcription start site; TSS200, 200 bases from TSS; TSS1500, 1,500 bases from TSS; UTR, untranslated region. "||" indicates an intergenic region. "||"

moderately associated with increased gene expression of PLA2G2C (ILMN_3237030, p = 0.073). *PLA2G2C* encodes a calciumdependent phospholipase, which is an enzyme involved in the hydrolysis of phospholipids into free fatty acids and lysophospholipids. These lipid mediators have diverse biological functions relevant for cancer progression, including roles in inflammation and cell growth, signaling, and death (Dennis et al. 2011; Scott et al. 2010). Notably, phospholipase A2 enzymes have been shown to be induced by skin carcinogens (e.g., phorbol ester, ultraviolet B light), which ultimately leads to prostaglandin synthesis via cyclooxygenase-2 (COX2) leading to increased keratinocyte proliferation and skin carcinogenesis (Bowden 2004; Kast et al. 1993). Arsenic is an established skin carcinogen, with evidence from animal studies suggesting overexpression of COX2 associated with arsenic exposure (Ouyang et al. 2007; Tokar et al. 2011; Trouba and Germolec 2004).

Higher arsenic exposure was associated with decreased methylation levels at the cg01225779 locus (chr5: 179,238,473), located in the 5' untranslated region (UTR) of *SQSTM1*. *SQSTM1* encodes a protein that binds ubiquitin and regulates activation of the nuclear factor kappa-B (NF- κ B) signaling pathway. *SQSTM1* has been implicated in a number of diseases including neurodegenerative diseases, cancer, obesity, and insulin resistance (Geetha et al. 2012). *In vitro* studies have shown that arsenic induces the NF- κ B pathway and may be a potential mechanism for skin carcinogenesis (Liao et al. 2004; Zuo et al. 2012).

Higher arsenic exposure was associated with decreased methylation levels at the cg06121226 locus (chr4: 72,134,061). This locus, located in the body of *SLC4A4*, was strongly associated with increased gene expression of *SLC4A4* (ILMN_2356991, $p = 2.173 \times 10^{-4}$ and ILMN_2184556, p = 0.029). *SLC4A4* encodes a sodium bicarbonate cotransporter involved in the regulation of bicarbonate secretion and absorption, as well as intracellular pH. Mutations in this gene have been associated with hypertension (Yang et al. 2012), a well-established health outcome associated with arsenic exposure (Abhyankar et al. 2012).

Higher arsenic exposure was also associated with increased methylation levels at the cg13651690 locus (chr14: 106,320,748), located in the body of IGH. The immunoglobulin heavy locus includes variable (V), diversity (D), joining (J), and constant (C) segments of immunoglobulins. Translocations in this region have been implicated in lymphoma (Guais et al. 2004). Arsenic exposure has been associated with elevated serum immunoglobulins (Islam et al. 2007), which may be involved in skin carcinogenesis (Wiemels et al. 2011). Furthermore, we observed significant replication of this locus in an independent study sample in relation to water arsenic concentration.

The biological implications of these findings must be further explored with regard to their role in various mechanisms of arsenic toxicity and arsenic-related disease outcomes. Chronic exposure to arsenic in drinking water has been associated with a multitude of health effects, including increased risks of cancer, cardiovascular disease, peripheral neuropathy, and respiratory diseases (Brouwer et al. 1992; Chen et al. 1992; Milton and Rahman 2002; Navas-Acien et al. 2005), as well as a possible association with diabetes (Argos et al. 2013; Navas-Acien et al. 2006). Future studies should be designed to evaluate phenotype-specific methylation patterns in arsenic-exposed populations. In addition, we found that the magnitude of differential methylation at each locus associated with arsenic exposure was small, although similar in size to estimated effects previously reported for arsenic and other environmental exposures (Joubert et al. 2012; Koestler et al. 2013a). The biological implications of relatively small changes in DNA methylation need to be elucidated further.

Among the seven epigenome-wide studies regarding arsenic-related traits published to date (Bailey et al. 2013; Kile et al. 2014; Koestler et al. 2013a; Liu et al. 2014; Seow et al. 2014; Smeester et al. 2011; Yang et al. 2014), only two of the studies did not use the Illumina platform for measurement of DNA methylation (Bailey et al. 2013; Smeester et al. 2011). In the present study, we observed no overlap between our top 35 differentially methylated loci and the top signals previously reported for other arsenic-related traits among studies that used the Illumina methylation array, although none of these prior studies identified statistically differentially methylated loci based on a Bonferroni threshold $(p < 1 \times 10^{-7})$. We also conducted a lookup of the top reported CpG signals from the previously published studies in our data set (see Supplemental Material, Table S2). Nominally significant associations in our data set have previously been reported for AGAP2 cg11511175 and RHBDF1 cg03333116 in relation to arsenical skin lesion status (Seow et al. 2014); ELL cg22489759 and SNRNP200 cg00088989 in relation to toenail arsenic concentration (Liu et al. 2014); and RIN2 cg03512414, SLC12A6 cg11293029, CBFA2T3 cg09051215, and CCDC73 cg01717164 in relation to in utero arsenic exposure (Koestler et al. 2013a).

Furthermore, we evaluated the methylation of genes that were previously reported in candidate promoter methylation studies (Banerjee et al. 2013; Chanda et al. 2013; Gribble et al. 2014; Hossain et al. 2012; Intarasunanont et al. 2012) using a lookup approach in our data set for DAPK1, CDKN2A (P16), GMDS, C10orf32/AS3MT, RASSF1, PPARG, TP53, and MLH1 (see Supplemental Material, Table S3). Our data provide supporting evidence for differential methylation specifically in the promoter regions of CDKN2A (cg03079681), RASSF1 (cg06117233), TP53 (cg05479194, cg02855142, cg08119584, and cg01620719), and MLH1 (cg11291081 and cg05670953) in relation to arsenic exposure (see Supplemental Material, Table S3). Given the notable differences in arsenic toxicity constructs, arsenic exposure levels, and participant populations across published studies, future research is needed to further synthesize the existing evidence and elucidate the role of epigenetic mechanisms in relation to arsenic exposure and related diseases.

This study has several potential limitations. We measured DNA methylation in total

Table 4. Estimated change in leukocyte cell type proportions by blood and urinary total arsenic concentrations.

Exposure	CD8 ⁺ T cells	CD4 ⁺ T cells	NK cells	B cells	Monocytes	Granulocytes
Blood arsenic concentration (µg/L)						
0.80-2.50	Reference	Reference	Reference	Reference	Reference	Reference
2.51–4.79	0.39 (-1.09, 1.87)	-0.57 (-1.59, 0.44)	0.05 (-0.06, 0.15)	-0.46 (-1.18, 0.26)	0.04 (-0.47, 0.55)	0.55 (-1.16, 2.26)
4.80-11.20	1.02 (-0.43, 2.47)	-0.30 (-1.29, 0.70)	0.02 (-0.08, 0.12)	-0.39 (-1.09, 0.32)	-0.05 (-0.54, 0.45)	-0.31 (-1.99, 1.37)
11.21-81.60	0.47 (-0.97, 1.90)	-0.75 (-1.74, 0.24)	-0.08 (-0.18, 0.02)	-0.41 (-1.11, 0.29)	0.15 (-0.34, 0.64)	0.61 (-1.05, 2.28)
Urinary total arsenic concentration (µg/g)						
12.0-75.0	Reference	Reference	Reference	Reference	Reference	Reference
75.1–139.9	0.37 (-1.08, 1.81)	-0.72 (-1.71, 0.28)	-0.08 (-0.18, 0.02)	-0.31 (-1.01, 0.39)	0.25 (-0.24, 0.75)	0.49 (-1.18, 2.16)
140.0–394.9	1.21 (-0.27, 2.69)	-0.47 (-1.50, 0.55)	-0.02 (-0.13, 0.08)	-0.35 (-1.07, 0.37)	0.20 (-0.31, 0.70)	-0.56 (-2.28, 1.15)
395.0-2250.0	0.99 (-0.47, 2.45)	-1.18 (-2.19, -0.17)*	-0.12 (-0.22, -0.01)*	-0.68 (-1.39, 0.03)	0.18 (-0.32, 0.68)	0.81 (-0.88, 2.50)

*p < 0.05.

white blood cells, which comprise various leukocyte subtypes known to be associated with differential methylation signatures (Adalsteinsson et al. 2012; Reinius et al. 2012). If arsenic exposure was associated with a substantial shift in leukocyte subtypes, then our analyses of DNA methylation in white blood cells may be confounded due to differences in cell type proportions. Because frozen unfractioned blood was used in these experiments, we could not evaluate the association between arsenic and cell type fractions directly. Therefore, we utilized a novel statistical method to infer expected cell type fractions in our study samples based on a validated subset of methylation markers as a surrogate measure (Houseman et al. 2012); the assumptions of the statistical method have been described elsewhere (Koestler et al. 2013a, 2013b). Based on these analyses, arsenic did not appear to be strongly associated with cell-type shifts, except for associations of the highest quartile of urinary total arsenic concentration with decreased CD4+ T and NK cell fractions. Therefore, we do not believe that the results observed in our analyses can be fully explained through an immunotoxic pathway of arsenic.

Another potential consideration for the findings of our study is that all participants had manifest arsenic skin lesions, which is a proxy for both chronic arsenic exposure and genetic susceptibility to arsenic toxicity. Because genotype is known to influence DNA methylation patterns (Tycko 2010), it is possible that the associations observed in our study may not be generalizable to populations without skin lesions. However, individuals with arsenical skin lesions are at increased risk of developing arsenic-related cancers and other disease conditions; therefore, the results of this study offer valuable insight into potential mechanistic pathways related to arsenic toxicity and carcinogenesis. Another potential limitation is that we did not validate the methylation signals identified with the Illumina platform using additional confirmatory methods. Because previously published studies have indicated very good concordance of the Illumina 450K platform with pyrosequencing data (Roessler et al. 2012), we did not pursue validation methods.

The major strengths of the present study are the relatively large size of the study sample, the multiple measures of arsenic exposure, the broad exposure range, and the availability of epigenome-wide methylation data, as well as genome-wide expression and genetic data from the study sample. Whereas previous studies have demonstrated an association between arsenic exposure and DNA methylation, we were also able to evaluate potentially functional gene regulation associated with the differentially methylated loci.

Conclusions

Arsenic exposure was associated with differential gene-specific white blood cell DNA methylation at several novel loci. We also observed functional evidence of gene deregulation that corresponded with differential methylation at a subset of these loci. The clinical implications of these findings in arsenic-exposed populations require further investigation.

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