PUBLISHED ONLINE: 6 JUNE 2016 | DOI: 10.1038/NCLIMATE2976

# Detection and attribution of human influence on regional precipitation

Beena Balan Sarojini<sup>1,2,3,4\*</sup>, Peter A. Stott<sup>5,6</sup> and Emily Black<sup>1,2,3</sup>

Understanding how human influence on the climate is affecting precipitation around the world is immensely important for defining mitigation policies, and for adaptation planning. Yet despite increasing evidence for the influence of climate change on global patterns of precipitation, and expectations that significant changes in regional precipitation should have already occurred as a result of human influence on climate, compelling evidence of anthropogenic fingerprints on regional precipitation is obscured by observational and modelling uncertainties and is likely to remain so using current methods for years to come. This is in spite of substantial ongoing improvements in models, new reanalyses and a satellite record that spans over thirty years. If we are to quantify how human-induced climate change is affecting the regional water cycle, we need to consider new ways of identifying the effects of natural and anthropogenic influences on precipitation that take full advantage of our physical expectations.

ow rainfall is changing in a particular region is a question of great practical importance to societies. Floods and droughts threaten the lives and livelihoods of many people and enhancing their resilience is of major concern, particularly as anthropogenic climate change is expected to increase the frequency of floods and droughts<sup>1</sup>. These expected changes may, moreover, render risk assessments based purely on the historical record inaccurate. Well-planned adaptation to climate change thus requires information on how hazardous rainfall is changing in response to anthropogenic forcing. Are we observing systematic changes or are we simply experiencing natural variability? This is the business of detection and attribution (Box 1).

New observations and improved models have enabled the detection of anthropogenic change in the water cycle at large spatial scales<sup>2,3,4</sup>, although even here large uncertainties remain. The Intergovernmental Panel on Climate Change<sup>5</sup> (IPCC) in its Fifth Assessment Report (AR5) concludes that it is likely that anthropogenic influences have affected the global water cycle since 1960. In Section TS.6.3 of AR5, two key uncertainties that limit confidence in attribution assessments of the causes of precipitation changes are recognized as: (1) observational and modelling uncertainties, and (2) the large effect of internal variability. Hence there is only medium confidence that there is an anthropogenic contribution to global-scale changes in precipitation patterns over land since 1950, with higher levels of confidence precluded by uncertainty in models and observations, and the large internal variability in precipitation<sup>6</sup>.

At continental scales, there has been some limited success in detecting anthropogenic changes in land precipitation. Anthropogenically driven changes in zonal averages of land precipitation were detected by for example, ref. 7 — although in some cases the results were found to be sensitive to the observational dataset used. Anthropogenic trends in precipitation have also been detected in the northern mid-to-high latitude lands<sup>8,9</sup> and southwest Australia<sup>10</sup>, where in both regions there are large expected trends that are coherent over wide areas (Figure TS.16 of IPCC, 2013). In general, however, detection and attribution of an anthropogenic signal at these scales is hampered by observational uncertainty and

model error<sup>2,6,8,9,11</sup>. Even the continental-scale studies described above are too coarse to inform assessments of the extent to which human-induced climate change has influenced the changes that are affecting many people locally. Because internal variability in precipitation tends to increase with reducing spatial scale there may be a tendency to assume that detection of an anthropogenic signal of change is more likely at global or continental scales than at regional scales. In this context, by regional scales we refer to smaller spatial scales than 'continental', typically thinking of areas of the globe characterized by specific geographic and climatological features<sup>5</sup>.

This Perspective argues that analysis of changes in the processes governing internal variability in precipitation should facilitate the detection and attribution of anthropogenic changes at a range of spatial scales. In some cases an anthropogenic signal may be easier to detect at regional scales, where we have a clearer expectation of forced changes<sup>8–10</sup>. Above all progress in detection and attribution of changes in the water cycle requires the development of novel metrics, which should help facilitate the identification of significant changes in precipitation even in the presence of substantial modelling and observational uncertainty<sup>12</sup>. This should enable faster progress to be made than would be possible by simply waiting for models or observations to improve or by simply waiting for the signal of climate change to strengthen sufficiently to emerge from the noise of internal variability.

We first compare physical expectations of global and regional anthropogenic changes in precipitation. Next, we describe how spatial scale modifies the impact of model error and observational uncertainty on detection of these changes. We then consider how novel methods of analysis can be brought to bear on detection and attribution of regional changes in precipitation. Finally, we reflect on how our current models and observations can best be utilized to provide a robust view of anthropogenic change in regional precipitation.

# **Expected changes on global and continental scales**

Based on the physical relation of Clausius-Clapeyron, surface warming is expected to result in an increase in water vapour concentrations at a rate of 6-7% per Kelvin<sup>13</sup>, given that the relative

<sup>1</sup>National Centre for Atmospheric Science — Climate Directorate, Earley Gate, Reading, RG6 6BB, UK. <sup>2</sup>Department of Meteorology, University of Reading, Earley Gate, RG6 6BB, UK. <sup>3</sup>Walker Institute, University of Reading, Earley Gate, Reading, RG6 6AR, UK. <sup>4</sup>Department of Geography and Environmental Science, University of Reading, Whiteknights, Reading, RG6 6AB, UK. <sup>5</sup>Met Office Hadley Centre, FitzRoy Road, Exeter, EX1 3PB, UK. <sup>6</sup>Department of Mathematics, University of Exeter, Exeter, EX4 4QF, UK. \*e-mail: b.balansarojini@reading.ac.uk

#### Box 1 | What is detection and attribution?

Detection of a change is the process of demonstrating that climate has changed in some defined statistical sense, without providing a reason for that change<sup>78</sup>. Attribution of causes of the change is defined as the process of evaluating the relative contributions of multiple causal factors to a change or event with an assignment of statistical confidence<sup>6</sup>. Fingerprints are metrics or space-time patterns of the response of climate variables to anthropogenic forcings, such as greenhouse gas emissions, atmospheric pollutants, or natural forcings such as solar radiation changes and aerosols from explosive volcanic eruptions. Most of the recent detection and attribution studies use climate models<sup>79</sup> to estimate the expected fingerprints of change and the uncertainty of their estimate in observations of the real world. For an overview of techniques, see Appendix 9.2 of AR4<sup>64</sup> and Section 10.2.1 of AR5<sup>6</sup>.

humidity is expected to remain nearly constant<sup>14</sup>. This thermodynamic expectation of an intensification of the water cycle has been confirmed in changes in observed and simulated atmospheric moisture content over land and ocean<sup>15–18</sup>, albeit in observations from recent years there is some evidence of a reduction of relative humidity over land<sup>19</sup>.

Global mean precipitation is not, however, expected to scale with the increase in atmospheric moisture because it is controlled not by specific humidity, but by the energy budget of the troposphere. The two complementary energy budget arguments are (1) the tropospheric latent heating during precipitation formation is balanced by the radiative cooling to outer space<sup>14</sup>, and (2) at the surface the latent heat flux (which is proportional to global mean evaporation and hence global mean precipitation) is balanced by the sensible and radiative heat fluxes<sup>13–15,20</sup>. The warming of the troposphere increases the radiative cooling rate and hence the precipitation. However, if the warming is driven by an increase in greenhouse gases (GHGs), the increase in the radiative cooling rate is partly offset by the direct radiative effect of the GHGs, which is to decrease the radiative cooling rate. This implies that the precipitation response to GHG forcings is smaller per unit change in forcing, than it is for short wave radiative forcings such as volcanic aerosol<sup>14</sup>. Overall anthropogenic forcings result in a lower rate of increase in precipitation globally than suggested by the Clausius-Clapeyron relation 13-15, 20-22

A pioneering study<sup>14</sup> quantified the expected range of change in total global precipitation in response to CO<sub>2</sub> driven warming, but found that even at large scales there was considerable variation in the expected spatial pattern of change. A key advance in the physical explanation of the response pattern of precipitation changes due to increasing GHGs was made by a later study<sup>15</sup>. They identified robust features of anthropogenic changes such as enhancement of the patterns of precipitation minus evaporation (P-E), poleward movement of the Hadley circulation and subsequent shifting of the arid subtropical subsidence regions and storm tracks, leading to the 'wet gets wetter' and 'dry gets drier' paradigm. It has recently been found that although this paradigm has some validity over wet higher latitudes and dry subtropical land regions, it does not hold true everywhere. For example, humid to transitional regimes are shifting to drier conditions<sup>23</sup>. Other changes in large-scale rainfall patterns have been explained through a 'warmer-get-wetter' mechanism, by which warm sea surface temperature (SST) patterns over the tropics cause increases in precipitation<sup>24</sup>.

# **Expectation of regional changes**

Change in regional rainfall is a consequence of both thermodynamics and anthropogenic influence on dynamics<sup>25</sup>. Human-induced

depletion in stratospheric ozone, for example, is found to cause a poleward shift of the southern extratropical jets, which affect regional precipitation patterns in the Southern Hemisphere<sup>26,27</sup>. The storm track in the Northern Hemisphere, and hence rainfall in Europe, are also affected by changes in stratospheric circulation<sup>28</sup>.

More generally, the regional precipitation response to naturally occurring modes of variability, such as El Niño–Southern Oscillation (ENSO) and the North Atlantic Oscillation (NAO), is influenced by the basic state of the atmosphere and ocean 14.29,30. It is to be expected therefore that anthropogenic perturbations to the basic state would lead to changes in regional teleconnection patterns.

The regional character of anthropogenic precipitation change, therefore, results from complex interactions between natural variability and anthropogenic forcing. This is especially the case at regional scales. Indeed, variability related to teleconnections is not set to affect total precipitation over very large domains, because wetter conditions in one place tend to be balanced by dryer conditions elsewhere<sup>31</sup>. In short, in order to disentangle the complex causes of regional precipitation change, we need to consider the following three aspects of the response: (1) external forcing may project onto internal variability, changing the amplitude or frequency of modes of climate variability, or altering the teleconnections that govern precipitation response, (2) the fingerprint of external forcing may reflect both thermodynamic and dynamic changes through forced changes to atmospheric energetics, moisture content, and largescale circulation, and (3) the precipitation responses to different external drivers such as greenhouse gases, aerosols, ozone, natural events will differ.

#### Modelling and observational uncertainties

Recent studies that have sought to detect and attribute anthropogenic signals in large-scale zonal precipitation have compared observations to CMIP5 (Coupled Model Intercomparison Project 5) model simulations with and without anthropogenic forcings<sup>2,3</sup>. Anthropogenic increases in precipitation on global land and ocean are clear in model simulations (Fig. 1a–c). However attribution approaches require that like is compared with like — by comparing observations of the historical period to models that have been masked with the observational coverage. This means that the clear signals seen in models are obscured by sparse observational coverage<sup>2</sup>. These findings indicate that global as well as zonal trends are distorted by the aliasing of sparse observational coverage onto the multi-model means.

The robustness of the detection of global and large-scale trends (Figs 10.10 & 10.A.2 of ref. 6) needs to be tested by comparing model data with different datasets of long-term observations. One group of authors³, for example, detected seasonal changes in zonal-mean precipitation attributable to human activities in four observational datasets — albeit only for March-April-May and December-January-February. However, the magnitudes of the temporal fingerprint of mid-to-high latitude positive trends and low latitude negative trends vary between observational datasets (Fig. 2). In fact, anthropogenic changes are detected for all seasons in only one of the observational datasets³. The sensitivity of findings to observational dataset illustrates the barriers imposed by observational uncertainty.

The above discussion has focused on uncertainties in observations of precipitation. It should not be forgotten, however, that effective model-observation comparison relies on accurate observations, not only of the variable in question, but also of forcing factors, including natural and anthropogenic aerosol. It has been found, for example, that natural desert-dust aerosols from North Africa and West Asia are positively correlated to Indian summer monsoon rainfall on short time scales, with the dust-induced heating favouring increased moisture convergence over the Arabian peninsula and hence the westerly flow and precipitation over the Indian subcontinent<sup>32</sup>. Such model based findings point to the increasing

need for an improved understanding of the climatic response to aerosols, which will require more systematic modelling experiments exploring the sensitivity of the precipitation response to aerosol forcing uncertainty as well as improvements in the representation of aerosol forcing in models.

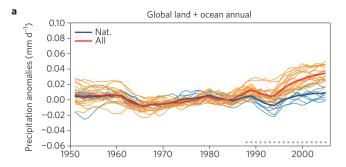
Many of the impacts of a changing water cycle are felt at regional and local scales rather than at continental or global scales. Observational uncertainty at any given grid point (of resolution of a few hundreds of kilometres) may be greatest at these scales<sup>33</sup>. Paradoxically, however, observational uncertainty may be less of a barrier to attribution at the regional than at the global level. At the largest spatial scales, many of the detection and attribution issues related to observational uncertainty stem from sparse spatial sampling<sup>2</sup> in observations, which means that the trends from models and observations can be badly distorted, losing much of the underlying signals. At local scales, in contrast, inconsistency in spatial sampling is less likely to contribute significantly to observational uncertainty. Instead, observational uncertainty reflects the scarcity of ground observations and consequent measurement/calibration errors. Such uncertainty may not, in itself, preclude robust detection and attribution of anthropogenic change in some regions, providing there exist temporally consistent ground or satellite based rainfall estimates. Indeed, at these scales, detection and attribution may be hampered more by the challenge of comparing models and observations, than by observational uncertainty itself. This is, in part because there are large discrepancies between the locations of simulated and observed features in the climatologies of precipitation that might be expected to cause differences in the anthropogenic response<sup>34</sup>. These discrepancies are compounded by the lack of robustness in modelsimulated internal variability<sup>35</sup> causing uncertainty in the fingerprint<sup>3,36</sup>, or under sampling of the observed variability<sup>37</sup> — which as described in earlier sections are a particularly serious issue at the regional scale.

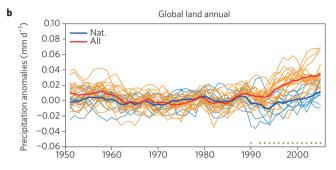
# A clearer view

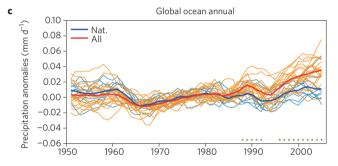
The success of any approach to detection and attribution is contingent on the model's ability to represent the relevant processes over a particular region and season. Structural uncertainties in climate models (due to the differences in models' structure leading to individual model errors), although reduced since the Fourth Assessment Report<sup>38,39</sup> (AR4), remain as a barrier to quantifying robust change in precipitation on regional scales<sup>40</sup>.

The need for improved process-representation has motivated recent work on improved model dynamics and resolution<sup>41</sup>, and the incorporation of individual processes and complex models of individual parts of the climate system<sup>42</sup>. High horizontal and vertical resolution, and improved parameterizations in climate models have been shown to improve representation in models of processes, such as: the vorticity of tropical cyclones, storm dynamics, atmospheric fronts, convection and blocking, clouds and their interactions with aerosols, gravity waves, ocean-biogeochemistry, land and sea ice, boundary layer and land-surface processes, and the strength of the local hydrological cycle<sup>41-46</sup>. The development of both high-resolution climate models and Earth system models are thus instrumental in tackling regional climate problems. One group of authors, for example, performed climate change experiments using a 1.5 kilometre resolution regional climate model and projected future increase in heavy downpours over the UK41. They illustrated that explicit convection and local storm dynamics are important in simulating the fine temporal and spatial scales of UK summer rainfall.

Compared to CMIP3 models, many CMIP5 models represent first and second indirect effects of aerosols and improved aerosol-cloud representations. On large spatial scales, these significant improvements in climate-model representation of aerosols have now enabled improved simulation of inter-decadal variability in temperature and precipitation 36,47. A weakening of the Northern Hemisphere







**Figure 1** | **Observational uncertainties due to sparse coverage obscure expected fingerprints of change. a-c**, Time-series of global mean precipitation anomalies (mm d<sup>-1</sup>) with respect to the baseline period of 1961-1990, simulated by CMIP5 models forced with, both anthropogenic and natural forcings (All; orange/red lines) and natural forcings only (Nat., blue lines). land and ocean (**a**), land (**b**) and ocean (**c**) with all grid points. Multi-model means are shown in thick solid lines. Green stars show statistically significant changes at 5% level. The clear signals seen in simulations (above) are obscured by sparse observational coverage when the global land precipitation is masked by observational coverage<sup>2</sup>. Figure adapted with permission from ref. 2, © 2012 AGU.

land precipitation between the 1950s and 1980s and a subsequent recovery has been detected and attributed to increasing anthropogenic aerosols during 1950 to 1980s followed by a re-emergence of the greenhouse gas signal relative to the anthropogenic aerosol signal in later years<sup>36</sup>. Models with representation of the indirect effect of sulfate aerosols, together with the direct effect of sulfate aerosols perform better in representing the rate of decrease of precipitation in the 1950s and the recovery in the 1980s than the models that exclude the indirect effect<sup>47</sup> although models still have shortcomings in representing the timing of the recovery. There is thus a scientific opportunity to use these newly available simulations to decipher the joint influence of anthropogenic aerosols and greenhouse gas emissions on regional precipitation, and hence to detect anthropogenic trends.

#### New methodologies

The base climate is expected to vary from one model to another. Averaging simplistically over output from many models may

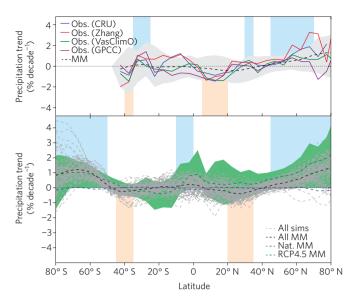


Figure 2 | Magnitudes of zonal mean land precipitation trends are dependent on observational datasets. Comparison of observed trends (Obs., solid lines) using 4 observational datasets 11.80-82 for 1951-2005 (top). The ranges of CMIP5 simulations are in grey shading and the multi-model ensemble mean (MM) is a black dashed line. The blue (orange) shadings show latitudes where all observed datasets show positive (negative) trends. Comparison of simulated trends (sims; bottom) using CMIP5 historical (All) simulations (individual simulations shown by grey dashed lines; multi-model mean shown by the black dashed line), and the natural forcing only (Nat.) simulations (MM; blue dashed line) with the future (2006-2050) trend using RCP4.5 simulations (5-95% range is in green shading; MM in green dashed lines). Blue (orange) shading indicates latitudinal regions where more than two-thirds of the historical simulations show positive (negative) trends<sup>4</sup>. Figure reproduced with permission from ref. 4, © 2015 AMS.

therefore obscure signals of anthropogenic change. For instance, variation between models of the location and seasonal timing of precipitation may hamper robust assessment of changes in the mean<sup>34,48,49</sup>. Novel methods of accounting for the mismatches between model climatologies offer a means of tackling the problem of consistent model changes being distorted by differences in climatological features (for example, convergence zones) both between models, and between models and observations<sup>34,50</sup>. In order to correct feature location errors in global climate models, one group of authors applied a warping method34, which has been used in brain imagery registration, to monthly precipitation fields. The warping technique was found to improve the detectability of human influence<sup>50</sup>. Other model-observation comparison methods such as the model-by-model approach49 and space-scale smoothing48, which consider individual model runs as opposed to the multi-model ensemble mean, have also been shown to reduce feature-location biases and hence to identify robust changes in the location and magnitude of zonal extremes.

Natural variability, as well as systematic bias in models, can obscure part of the signal of anthropogenic change in precipitation. For example, the anthropogenic effect on the precipitation response to natural modes of variability is superposed on natural variation in the amplitude and frequency of these modes<sup>51–54</sup>. Aliasing natural internal variability and changes due to anthropogenic forcing in this manner would be expected to cause variations in the anthropogenic effect on regional precipitation. So if, say, greenhouse gas forcing modifies the precipitation response to ENSO in a given region, the anthropogenic expression of precipitation change is more pronounced during periods when ENSO is active. These

periods cannot be expected to coincide in free-running coupled climate models. Averaging precipitation over large model ensembles will therefore not reveal this component of the signal of anthropogenic influence. Rather detection and attribution techniques need to take explicit account of the drivers of precipitation variability (for example, ENSO, NAO) and to their effects on precipitation (for example, ENSO teleconnections) rather than just treating such variability as noise in the analysis. This type of process-based approach complements the application of detection and attribution techniques directly to regional precipitation<sup>8,9</sup> and can yield a clearer understanding of the role of natural and anthropogenic factors<sup>55</sup>.

On regional scales, therefore, in addition to analysing precipitation directly, it is productive to investigate the processes underlying precipitation change (process-based fingerprints). Examples of such fingerprints are the increased risk of heavy rainfall during midlatitude atmospheric river events in the UK<sup>56,57</sup> and New Zealand<sup>58</sup>; the poleward migration of the storm track<sup>48</sup> (Fig. 3) and the large scale dynamical implications of an expected intensification of the hydrological cycle<sup>15,20,59,60</sup> that — at least over non-water limited regions<sup>23</sup> of the earth including the oceans — many wet regions tend to get wetter and dry regions drier. As pointed out earlier it should be noted that the over simplicity of this expectation from theory and models is currently under discussion<sup>23</sup>. However, a temporal response pattern with wet tropical regions getting wetter and dry regions getting drier was apparent in simulations of the recent past and future projections from CMIP5 models, and was consistent with satellite rainfall observations for the tropical region<sup>20</sup>. ENSO variability can cause increase or decrease of regional rainfall over the land depending on the sign of the phase<sup>60</sup> suggesting if the ENSO characteristics change such precipitation response that is governed by remote SST patterns may change too. On fine scales, shifting of the wet and dry regions may make it difficult to identify this expected pattern of change<sup>23,61,62</sup>. However, using two fingerprints of wet and dry processes, some authors<sup>59</sup> detected an expected intensification of the water cycle partly attributable to human-induced greenhouse gas forcing.

Anthropogenic change in precipitation is driven not only by greenhouse gas emission, but also by aerosol forcing that modulates regional precipitation. Sulfate aerosol and desert-dust forcings influence changes in the wet and dry conditions of Sahelian water cycle caused primarily by changes in West African Monsoon rains through changes in SST feedbacks and subsequent shifts in tropical convergence zones<sup>63,64</sup>. Simulated Sahel rainfall is found to weaken due to rapid changes in anthropogenic sulfur dioxide emissions from Asia and Europe through a fast (less than three weeks) aerosol-radiation and aerosol-cloud response and a slow (more than three weeks) response (that is, decrease in West African Monsoon by adjustment of Walker circulation) caused by atmosphere and landsurface feedbacks<sup>65</sup>. Although there was a decrease of Sahel rainfall during the 1970s and 1980s, since then there has been some recovery of Sahel rainfall that could have been influenced by increasing levels of greenhouse gases in the atmosphere as well as changes in anthropogenic aerosol precursor emissions66.

# **Event attribution**

The previous discussion has highlighted the importance of identifying and isolating processes underlying anthropogenic change in precipitation. This can be accomplished, as described in the studies cited above, by explicitly isolating candidate processes and investigating how they are affected by anthropogenic climate change. A further refinement is to investigate the anthropogenic contribution to the processes underpinning individual extreme events — a technique known as event attribution.

Event attribution studies seek to determine how anthropogenic forcings have altered the magnitude or probability of a particular type of extreme weather or climate-related event as experienced in

the observed record<sup>67-69</sup>. In recent years efforts have been made to carry out such studies shortly after the events in question, for example in the publication of an annual series of reports that explain extreme events of the previous year from a climate perspective<sup>70</sup>. However, although there is increasing evidence that robust attribution statements can be made about an anthropogenic contribution to the likelihood of many extreme warm events, the role of human influences on extreme precipitation events is decidedly mixed<sup>71</sup> consistent with previous findings about the difficulties of robustly attributing precipitation events. Nevertheless such diagnostic approaches to attribution have made some headway in breaking down the problem into thermodynamic and dynamical components<sup>72</sup> and in devising modelling strategies to quantify the different contributions from anthropogenic and natural forcings, and aspects of internal variability<sup>66</sup>. It is therefore becoming possible to attribute changes in probability of some types of regional extreme precipitation event through developing an understanding of the thermodynamic and dynamic contributors<sup>55,73</sup>. One group of authors argue that in attributing extreme climate events it is more useful to regard the extreme circulation regime or weather event as being largely unaffected by climate change and to concentrate solely on the thermodynamic component of an anthropogenic impact on the event in question<sup>74</sup>. However it is important to consider dynamic factors as well as thermodynamic factors and to consider the extent to which dynamical aspects may have changed, as it is both that contribute to the risk of a particular event 55,73,75,76. Also attention should be given as to whether there are non-linear interactions between the two, as discussed above.

# The way ahead

Based on our discussion of scientific opportunities and challenges, we emphasize that quantification of the effects of human influence on precipitation across the globe crucially depends on developing and applying process understanding. Given current observational uncertainties4 and limitations in models39 simply waiting for improvements in observations and models to deliver clearer detection and attribution results seems an insufficient response to the challenge of better understanding how climate change is affecting precipitation around the globe. For example some of the important recommendations proposed by some authors4, such as the observational data rescue, improvements in the observational coverage and models could take years to implement. Clearly observations and models are continuously improving and detection and attribution analyses should take advantage of such advances. But adaptation decisions could be even better informed if it were possible to incorporate process understanding more in detection and attribution studies. Those adaptation decisions that are based on robust climate projections are much stronger where the projections are based on a firm foundation of physical understanding and underpinned by robust attribution studies. Hence attribution studies are central to informed adaptation planning and decision making. Even where large uncertainties remain, additional useful information could be obtained and applied in a risk-based framework<sup>62</sup> based on an understanding of the mechanisms at work.

In particular, we need to better understand the expected effect of anthropogenic climate change on modes of variability and their teleconnections with regional precipitation<sup>29</sup>. Disentangling these effects will allow for an improved understanding of the extent to which regional changes are anthropogenically caused versus being caused by natural variations, either internally generated within the climate system or externally forced, such as by solar variability or explosive volcanic eruptions. It is not always reasonable to consider internal variability simply as 'noise' to be filtered out.

Recent process-based detection and attribution approaches<sup>48</sup>, which consider the signal or the forced response being thermodynamic and/or dynamic in origin, have shown some success.

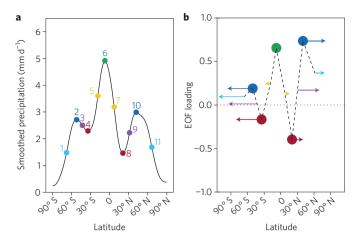


Figure 3 | Simulated process-based fingerprint of anthropogenic precipitation change. a, Zonal mean boreal winter precipitation observations for 1990. Local extrema are marked in dark blue (mid-latitude storm tracks), red (subtropical dry zones), and green (equatorial tropical peak). Cyan, purple, and yellow circles indicate half-max points. b, Multivariate fingerprint of forced precipitation change as thermodynamic and dynamic process indicators. The thermodynamic empirical orthogonal function (EOF) loading is plotted on the vertical axis and the direction and magnitude of dynamic EOF loading are displayed as arrows showing the wet-gets-wetter and dry-gets-drier pattern in precipitation intensity and the poleward extension of precipitation over storm track and subtropical arid latitudes in both hemispheres<sup>48</sup>. Figure reproduced with permission from ref. 47, © 2013 PNAS.

There is indication that the anthropogenic signal could also be expressed in part through changes in amplitude, frequency and modes of natural internal variability. An alternative approach would be to look directly at the anthropogenic signal as a net effect of rainfall changes due to (1) thermodynamic contribution, (2) dynamic contribution (which includes changes in circulation, modes of variability and changes in teleconnections due to changes in modes of variability. Analyses quantifying changes in natural internal variability<sup>77</sup> would be a valuable addition to quantifying forced changes over regions where internal variability on interannual timescales is changing. However, it is very difficult to robustly detect changes in observed variability for a highly noisy climate variable as precipitation.

New metrics that best express robust changes in the water cycle would aid in identifying anthropogenic changes. For example this could involve calculating areas of land with precipitation changes at particular thresholds<sup>12</sup> or could involve combining terrestrial observations of precipitation with oceanographic observations of salinity<sup>6</sup>.

In summary, we have shown that, even in the face of imperfect models and observations, progress can be made in detecting and attributing changes in regional precipitation. Improved process understanding, innovations in detection and attribution methodologies, and novel methods of confronting models with observations can now be brought to bear on this highly challenging problem. Development of high quality observational datasets and high-resolution models will be helpful and have substantial pay off over the longer term. But in the meantime, innovative methods for analysing the observations and models we have available now could yield important additional information to inform societies and policymakers about the nature of changing precipitation at fine spatial scales.

Received 21 April 2015; accepted 29 February 2016; published online 6 June 2016

### References

- IPCC Summary for Policymakers in Climate Change 2014: Impacts, Adaptation, and Vulnerability (eds Field, C. B. et al.) 1–32 (Cambridge Univ. Press, 2014).
- Balan Sarojini, B., Stott, P. A., Black, E. & Polson, D. Fingerprints of changes in annual and seasonal precipitation from CMIP5 models over land and ocean. *Geophys. Res. Lett.* 39, L21706 (2012).
- Polson, D., Hegerl, G. C., Zhang, X. & Osborn, T. Changes in seasonal land precipitation during the latter twentieth-century. *J. Clim.* 20, 6679–6697 (2013).
- Hegerl, G. C. et al. Challenges in quantifying changes in the global watercycle. Bull. Am. Meteorol. Soc. http://dx.doi.org/10.1175/BAMS-D-13-00212.1 (2015).
- IPCC Climate Change 2013: The Physical Science Basis (eds Stocker, T. F. et al.) (Cambridge Univ. Press, 2013).
- Bindoff, N. L. et al. in Climate Change 2013: The Physical Science Basis (eds Stocker, T. F. et al.) 867–952 (IPCC, Cambridge Univ. Press, 2013).
- Noake, K., Polson, D., Hegerl, G. & Zhang, X. Changes in seasonal land precipitation during the latter twentieth-century. *Geophys. Res. Lett.* 39, L03706 (2012).
- Min, S., Zhang, X. & Zwiers, F. W. Human-induced Arctic moistening. Science 320, 518–520 (2008).
- Wan, H. et al. Attributing northern high-latitude precipitation change over the period 1966–2005 to human influence. Clim. Dynam. 45, 1713–1726 (2014).
- Delworth, T. L. & Zeng, F. Regional rainfall decline in Australia attributed to anthropogenic greenhouse gases and ozone levels. *Nature Geosci.* 7, 583–587 (2014).
- Zhang, X. et al. Detection of human influence on twentieth-century precipitation trends. Nature 448, 461–465 (2007).
- Chadwick, R., Good, P., Martin, G. & Rowel, L. D. P. Large rainfall changes consistently projected over substantial areas of tropical land. *Nature Clim. Change* 6, 177–181 (2016).
- Trenberth, K. E. Changes in precipitation with climate change. Clim. Res. 47, 123–138 (2011).
- Allen, M. R. & Ingram, W. J. Constraints on future changes in climate and the hydrologic cycle. *Nature* 419, 224–232 (2002).
- Held, I. M. & Soden, B. J. Robust responses of the hydrological cycle to global warming. J. Clim. 19, 5686–5699 (2006).
- Willett, K. M., Jones, P. D., Gillett, N. P. & Thorne, P. W. Attribution of observed surface humidity changes to human influence. *Nature* 449, 710–713 (2007).
- Santer, B. D. et al. Identification of human-induced changes in atmospheric moisture content. Proc. Natl Acad. Sci. USA 104, 15248–15253 (2007).
- Santer, B. D. *et al.* Incorporating model quality information in climate change detection and attribution studies. *Proc. Natl Acad. Sci. USA* 106, 14778–14783 (2009).
- Blunden, J. & Arndt, D. S. State of the Climate in 2013. Bull. Am. Meteorol. Soc. 95, 1–238 (2014).
- Allan, R. P. et al. Physically consistent responses of the global atmospheric hydrological cycle in models and observations. Surv. Geophys. 35, 533–552 (2013).
- Pendergrass, A. G. & Hartmann, D. L. The atmospheric energy constraint on global-mean precipitation change. J. Clim. 27, 757–768 (2014).
- Thorpe, L. & Andrews, T. The physical drivers of historical and 21st century global precipitation changes. *Environ. Res. Lett.* 9, 064024 (2014).
- 23. Greve, P. et al. Global assessment of trends in wetting and drying over land. *Nature Geosci.* 7, 716–721 (2014).
- Xie, S.-P. et al. Global warming pattern formation: sea surface temperature and rainfall. J. Clim. 23, 966–986 (2010).
- 25. Seager, R. J. Thermodynamic and dynamic mechanisms for large-scale changes in the hydrological cycle in response to global warming. *J. Clim.*
- Kang, S. M., Polvani, L. M., Fyfe, J. C. & Sigmond, M. Impact of polar ozone depletion on subtropical precipitation. *Science* 332, 951–954 (2011).
- Min, S.-K. & Son, S.-W. Multimodel attribution of the Southern Hemisphere Hadley cell widening: major role of ozone depletion. *J. Geophys. Res. Atmos.* 118, 3007–3015 (2013).
- Scaife, A. et al. Climate change projections and stratosphere–troposphere interaction. Clim. Dyn. 38, 2089–2097 (2012).
- Seager, R. J., Naik, N. & Vogel, L. Does global warming cause intensified interannual hydroclimate variability? *J. Clim.* 25, 3355–3372 (2012).
- Vecchi, G. A. & Wittenberg, A. T. El Niño and our future climate: where do we stand? WIRES Clim. Change 1, 260–270 (2010).
- 31. Nicholson, S. E. & Kim, J. The relationship of the El Niño-Southern oscillation to African rainfall. *Int. J. Climatol.* **17**, 117–135 (1997).
- Vinoj, V. et al. Short-term modulation of Indian summer monsoon rainfall by West Asian dust. Nature Geosci. 7, 308–313 (2014).

- Black, E. et al. The use of remotely sensed rainfall for managing drought risk: a case study of weather index insurance in Zambia. Remote Sens. 8, 342 (2016).
- Levy, A. A. L. et al. Can correcting feature location in simulated mean climate improve agreement on projected changes? *Geophys. Res. Lett.* 40, 354–358 (2013).
- Collins, M. et al. Observational challenges in evaluating climate models. Nature Clim. Change 3, 940–941 (2013).
- Wu, P., Christidis, N. & Stott, P. A. Anthropogenic impact on Earth's hydrological cycle. *Nature Clim. Change* 3, 807–810 (2013).
- Wan, H. et al. Effect of data coverage on the estimation of mean and variability of precipitation at global and regional scales. J. Geophys. Res. Atmos. 118, 534–546 (2013).
- 38. Flato, G. et al. in Climate Change 2013: The Physical Science Basis (eds Stocker, T. F. et al.) Ch. 9 (IPCC, Cambridge Univ. Press, 2013).
- 39. Stevens, B. & Bony, S. What are climate models missing? *Science* **340**, 1053–1054 (2013).
- 40. Knutti, R. & Sedlacek, J. Robustness and uncertainties in the new CMIP5 climate model projections. *Nature Clim. Change* **3**, 369–373 (2013).
- Kendon, E. J. et al. Heavier summer downpours with climate change revealed by weather forecast resolution model. Nature Clim. Change 4, 570–576 (2014).
- Cox, P. M. et al. Sensitivity of tropical carbon to climate change constrained by carbon dioxide variability. Nature 494, 341–344 (2013).
- Roberts, M. J. et al. Tropical cyclones in the UPSCALE ensemble of high resolution global climate models. J. Clim. 28, 574–596 (2015).
- 44. Demory, M.-E. *et al.* The role of horizontal resolution in simulating drivers of the global hydrological cycle. *Clim. Dynam.* **42**, 2201–2225 (2013).
- 45. Jung, T. *et al.* High-resolution global climate simulations with the ECMWF model in Project Athena: experimental design, model climate, and seasonal forecast skill. *J. Clim.* **25**, 3155–3172 (2012).
- Strachan, J., Vidale, P. L., Hodges, K., Roberts, M. & Demory, M.-E. Investigating global tropical cyclone activity with a hierarchy of AGCMs: the role of model resolution. *J. Clim.* 26, 133–152 (2013).
- Wilcox, L. J., Highwood, E. J. & Dunstone, N. J. The influence of anthropogenic aerosol on multi-decadal variations of historical global climate. *Environ. Res. Lett.* 8, 1748–9326 (2013).
- Marvel, K. & Bonfils, C. Identifying external influences on global precipitation. Proc. Natl Acad. Sci. USA 110, 19301–19306 (2013).
- Scheff, J. & Frierson, D. Twenty-first-century multimodel subtropical precipitation declines are mostly midlatitude shifts. *J. Clim.* 25, 4330–4347 (2012).
- Levy, A. A. L. et al. Correcting feature location in GCMs aids the detectability of external influence on precipitation. J. Geophys. Res. 119, 12466–12478 (2014).
- Corti, S., Molteni, F. & Palmer, T. N. Signature of recent climate change in frequencies of natural atmospheric circulation regimes. *Nature* 398, 799–802 (1999).
- Mann, M. E., Bradley, R. S. & Hughes, M. K. in ENSO: Multiscale Variability and Global and Regional Impacts (eds Diaz, H. F. & Markgraf, V.) 357–412 (Cambridge Univ. Press, 2000).
- Black, E. The influence of the North Atlantic Oscillation and European circulation regimes on the daily to interannual variability of winter precipitation in Israel. *Int. J. Climatol.* 32, 1654–1664 (2011).
- 54. Christensen, J. H. et al. in Climate Change 2013: The Physical Science Basis (eds Stocker, T. F. et al.) Ch. 14 (IPCC, Cambridge Univ. Press, 2013).
- Christidis, N. C. & Stott, P. A. Extreme rainfall in the United Kingdom during winger 2013/14: the role of atmospheric circulation and climate change. Bull. Am. Meteorol. Soc. 96, S46–S50 (2015).
- Lavers, D. A. et al. The detection of atmospheric rivers in atmospheric reanalyses and their links to British winter floods and the large-scale climatic circulation. J. Geophys. Res. 117, D20106 (2012).
- 57. Lavers, D. A. *et al.* Future changes in atmospheric rivers and their implications for winter flooding in Britain. *Environ. Res. Lett.* **8**, 034010 (2013).
- Dean, S. M., Rosier, S., Carey-Smith, T. & Stott, P. A. The role of climate change in the two-day extreme rainfall in Golden Bay, New Zealand, December, 2011. *Bull. Am. Meteorol. Soc.* 94, S61–S63 (2013).
- Polson, D., Hegerl, G. C., Allan, R. P. & Balan Sarojini, B. Have greenhouse gases intensified the contrast between wet and dry regions? *Geophys. Res. Lett.* 40, 4783–4787 (2013).
- Liu, C. & Allan, R. P. Observed and simulated precipitation responses in wet and dry regions 1850–2100. Environ. Res. Lett. 8, 034002 (2013).
- Allan, R. P. Climate Change: dichotomy of drought and deluge. *Nature Geosci.* 7, 700–701 (2014).
- 62. Shepherd, T. G. Atmospheric circulation as a source of uncertainty in climate change projections. *Nature Geosci.* 7, 703-708 (2014).
- Rotstayn, L. D. & Lohmann, U. Tropical rainfall trends and the indirect aerosol effect. J. Clim. 15, 2103–2116 (2002).

23, 4651-4668 (2010).

- 64. Hegerl, G. C. et al. in Climate Change 2007: The Physical Science Basis (eds Solomon, S. et al.) Ch. 9 (IPCC, Cambridge Univ. Press, 2007).
- Dong, B., Sutton, R., Highwood, E. J. & Wilcox, L. J. The impacts of European and Asian anthropogenic sulphur dioxide emissions on Sahel rainfall. J. Clim. 27, 7000–7017 (2014).
- 66. Dong, B.-W. & Sutton, R. Dominant role of greenhouse gas forcing in the recovery of Sahel rainfall. *Nature Clim. Change* **5**, 757–760 (2015).
- 67. Allen, M. R. Liability for climate change. Nature 421, 891-892 (2003).
- 68. Stott, P. A., Stone, D. A. & Allen, M. R. Human contribution to the European heat wave of 2003. *Nature* **432**, 610–614 (2004).
- Pall, P. et al. Anthropogenic greenhouse gas contribution to UK autumn flood risk. Nature 470, 382–385 (2011).
- Herring, S. C., Hoerling, M. P., Kossin, J. P., Peterson, T. C.
  Stott, P. A. Explaining extreme events of 2014 from a climate perspective. Bull. Am. Meteorol. Soc. 96, S1–S172 (2015).
- 71. Herring, S. C. et al. Summary and Broader context Bull. Am. Meteorol. Soc. 82, S168–S172 (2014).
- Hoerling, M. et al. Northeast Colorado extreme rains interpreted in a climate change context. Bull. Am. Meteorol. Soc. 95, S15–S18 (2014).
- 73. Schaller, N. et al. Human influence on climate in the 2014 southern England winter floods and their impacts. *Nature Clim. Change* **6**, 627–634 (2016).
- 74. Trenberth, K. E. *et al.* Attribution of climate extreme events. *Nature Clim. Change* **5**, 725–730 (2015).
- Huntingford, C. et al. Potential influences in the United Kingdom's floods of winter 2013–2014. Nature Clim. Change 4, 769–777 (2014).
- Stott, P. A. et al. Attribution of extreme weather and climate-related events. WIREs Clim. Change 7, 23–41 (2016).
- Power, S. et al. Robust twenty-first-century projections of El Niño and related precipitation variability. Nature 502, 541–545 (2013).
- Hegerl, G. C. et al. Good Practice Guidance Paper on Detection and Attribution Related to Anthropogenic Climate Change (eds Stocker, T. F. et al.) (IPCC, Working Group I Technical Support Unit, 2010); https://www.ipcc.ch/pdf/ supporting-material/ipcc\_good\_practice\_guidance\_paper\_anthropogenic.pdf

- Hegerl, G. C. & Zwiers, F. W. Use of models in detection and attribution of climate change. WIREs Clim. Change 2, 570–591 (2011).
- Harris, I. et al. Updated high-resolution grids of monthly climatic observations — the CRUTS 3.1 dataset. Int. J. Climatol. 34, 623–642 (2014).
- Becker, A. et al. A description of the global land-surface precipitation data products of the Global Precipitation Climatology Centre with sample applications including centennial (trend) analysis from 1901–present. Earth Syst. Sci. Data 5, 71–99 (2013).
- Beck, C., Grieser, J. & Rudolf, B. A new monthly precipitation climatology for the global land areas for the period 1951 to 2000. *Clim. Status Rep.* 7, 181–190 (2004).

# Acknowledgements

This work is supported by Horyuji PAGODA project of the Changing Water Cycle programme of the UK Natural Environment Research Council (NERC) (Grant NE/1006672/1) and by the Joint DECC/Defra Met Office Hadley Centre Climate Programme (GA01101). B.B.S. acknowledges joint support from the UK NERC (Grant NE/1006672/1) and the Met Office Hadley Centre, and a discussion with Pier Luigi Vidale and Anne Verhoef on the atmospheric-land surface processes. E.B. was supported by the National Centre for Atmospheric Science — Climate division core research programme and the following research grants: HyCristal (NE/M020371/1), SatWIN-Scale (NE/M008797/1) and BRAVE (NE/M008983/1).

#### **Author contributions**

B.B.S. developed the content and led the writing; P.A.S and E.B. designed the outline of the article, contributed to discussions, text, and commented on the drafts.

#### Additional information

Reprints and permissions information is available online at www.nature.com/reprints. Correspondence and requests for materials should be addressed to B.B.S.

#### **Competing financial interests**

The authors declare no competing financial interests.